

Effects of β -aminopropionitrile and Exercise on Type I Collagen Morphology in Murine Bone



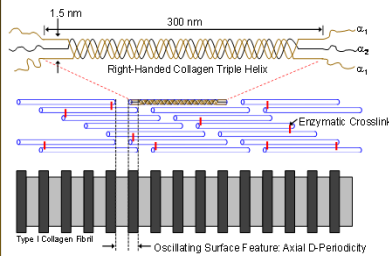
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INTRODUCTION

Type I Collagen



Osteolathrysm

- Lysyl oxidase (LOX) catalyzes crosslink formation stabilizing collagen fibril
- β -aminopropionitrile (BAPN) toxin blocks LOX active site reducing crosslinking
- Well understood mechanism allowing investigation of role of enzymatic crosslinks in collagen morphology and bone mechanics

Exercise

- Loading increases size and changes bone physicochemical properties
- Post-yield improvements and altered gene expression implicate changes in collagen

Study Contribution

- Detect morphological changes in collagen with reduced crosslinks, exercise, and affects of disease in the presence of exercise
- If bone mechanical integrity is rescued, exercise could be a potent non-invasive treatment for collagen-based diseases.

HYPOTHESIS

Disease-induced alterations to collagen's nanoscale morphology can be compensated for via exercise

MATERIALS AND METHODS

Animals

- 8 wk old female C57BL/6 mice
- Cage activity (Sed) or exercise (Ex)
 - 30 min/day, 12 m/min, 5° incline, 21 consecutive days
- 200 μ l subcutaneous injection
 - PBS or 300 mg/kg BAPN in PBS
- Sacrificed at 11 weeks (n=4-5 per group)
- Femora and tibiae harvested, stored at -20°C

AFM Imaging and Analysis

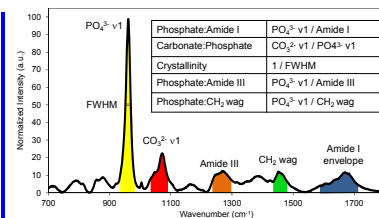
- Left femur polished, demineralization with EDTA, 4-5 locations per bone
- 3.5 μ m x 3.5 μ m images in air
- D-periodic spacing from 2D Fast Fourier Transform (2D FFT) power spectrum
- 15-20 fibrils/location, ~70 total/sample

Nanoindentation

- Right femur polished, 5 locations per bone, hydrated sample
- Diamond Berkovich indenter
 - 300 μ N/s to 3000 μ N, held for 10 sec, and unloaded at 300 μ N/s
- Reduced modulus (E_r) and hardness (H) using Oliver-Pharr method

Raman Spectroscopy

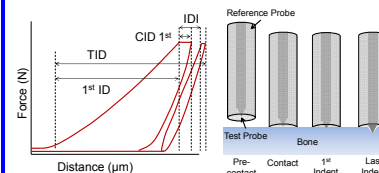
- Left tibiae, 5 locations per bone
- Distal to tibia-fibula junction
- Unprocessed hydrated surface
- Gaussian fit for phosphate peak FWHM



- Band area ratios calculated, linear baseline

Reference Point Indentation (RPI)

- Distal tibia used after Raman
- Sample hydrated in PBS bath
- 2 N indents for 10 cycles, BP3 probe
- Cycle by cycle analysis using MATLAB script



Statistical Analysis

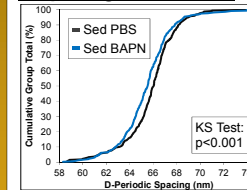
- Mean comparisons using two-way ANOVA
 - Ex and BAPN main effects
 - Transformation if assumptions violated
- D-spacing distribution differences tested with Kolmogorov-Smirnov (KS) tests
 - Bonferroni correction for multiple comparisons, p<0.0167 significant

RESULTS

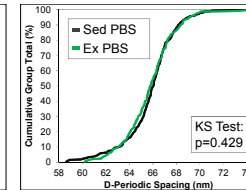
Group	RPI		Raman	Nanoindentation	
	1 st ID (μ m)	IDI (μ m)	Crystallinity *	E_r (GPa)	H (GPa)
Sed PBS	35.38 \pm 3.87	6.50 \pm 0.50	0.0535 \pm 0.0003	12.9 \pm 1.7	0.63 \pm 0.12
Sed BAPN	35.03 \pm 1.38	7.51 \pm 1.15	0.0537 \pm 0.0004	11.4 \pm 2.5	0.55 \pm 0.16
Ex PBS	40.09 \pm 4.83	7.73 \pm 2.72	0.0532 \pm 0.0004	11.9 \pm 3.7	0.58 \pm 0.23
Ex BAPN	36.38 \pm 4.40	6.89 \pm 2.05	0.0540 \pm 0.0004	14.2 \pm 2.3	0.74 \pm 0.19

* p<0.05 for BAPN, † p<0.05 for Ex, ‡ p<0.05 for interaction

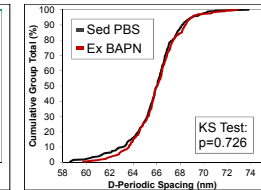
D-spacing Distribution



BAPN alters distribution



Ex does not alter distribution

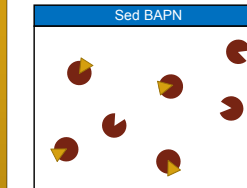


Exercise with BAPN returns distribution to control

DISCUSSION

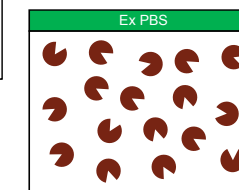
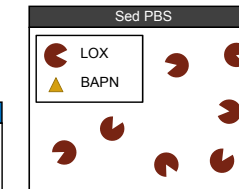
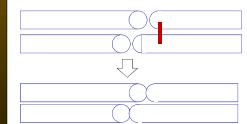
Mean D-spacing

- D-spacing exists as a distribution, mean only describes small part
- Sample size limits power



Distribution Changes with BAPN

- BAPN blocks some LOX active sites reducing functional LOX
- Reduced enzymatic crosslinks result
- D-spacing distribution shifts lower possibly due to the compression of spaces normally occupied by crosslinks
- Downward shift may explain increased crystallinity

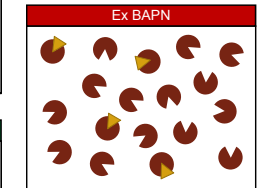


Distribution Does Not Change with Ex

- Increased production of enzymes necessary for bone formation (such as LOX) in response to load
- Enzymatic crosslinks are tightly regulated and only occur at specific locations
- Increase in overall LOX with exercise does not alter distribution because number of crosslinking sites within a given fibril does not change

Control Distribution

- LOX initiates crosslinks only at specific sites of the collagen fibril in a regulated fashion



Distribution Rescued by Ex from BAPN

- BAPN still blocks some LOX
- Overall LOX increased due to exercise
- Normal level of BAPN-free functional LOX resulting in normal crosslinking

No Change in Mechanics

- Sample size limits power
- 1st ID trend with Ex possibly due to periosteal growth

Limitations and Future Directions

- AFM captures young tissue
- Increase sample size for mechanical analysis
- qPCR to verify increase in LOX production

Exercise in the presence of BAPN treatment restores the collagen D-spacing distribution to normal in murine bone.